



Sports Newsletter  
November 2009



Dear Parents/Carers,

Our current clubs are all in full swing at the moment: Tae Kwon Do is continuing with some new members, the younger children are enjoying Fit Kids supported by Young Leaders from class 3, running club is ongoing and KS2 Rugby is underway, albeit with a very wet start - well done to everyone who braved the rain at the first session!

### Multi-skills Festival

This is for children in years 3 and 4 and although it doesn't follow a club, it will include all the sorts of activities that are regular aspects of PE in school. It is a non-competitive event to improve agility, balance and coordination while having fun! Any children from class 2 are invited to take part, but we have been asked to encourage those who don't normally participate in out of school sport to come along and take advantage of the facilities at Oakbank. We can take up to 12 children so let us know as soon as possible if you would like to take part. The Festival is on Tuesday 8<sup>th</sup> December at Oakbank School from 3.45 - 5pm. Miss Atherton will be supervising the group at the event, but we need parents to organise transport for the children to and from the venue. Please contact us if you would like more information.

### Million Miles Challenge

Information about this was in the September newsletter and since then children in class 3 have been wearing pedometers to see how far we travel throughout a normal school day, in a PE lesson and in running club. We have used these totals to work out an average mileage for our school over this term. It works out at a staggering 17000 miles so far! We want to round off our challenge with a whole school event which we are planning to combine with the Christmas Fair on Saturday 5<sup>th</sup> December. Children can come in suitable clothes and footwear to take on the challenge of running round the school: half a mile for FS, 1 mile for Class 1, 2 miles for class 2 and 3 miles for class 3. One mile is equivalent to approximately 10 circuits of the school. Children will be supervised during the run and you can do some browsing at the fair at the same time. If the weather is very bad we will organise the event in school time the following week. All we ask is for children to donate £1 to enter and this will go to Schoolchildren for Children Charity. There will be free wristbands to all those who take part. If you would like to raise more money through sponsors there will be a form available in school or you can download it from the charity's website: [www.schoolchildrenforchildren.org](http://www.schoolchildrenforchildren.org) where you can also find out lots more information about this campaign.

The national total is now well above a million, so I think the aim might now be 2 million miles! The main reasons for taking part are to raise awareness of the importance of physical activity for health and well-being and to raise awareness of, and funds for children who are much less privileged than ourselves.

Enjoy your sport!

S Schofield

Please write the name of the participant next to the relevant club and return to school.

Y3 and 4 Multi-skills Festival (Tuesday 8<sup>th</sup> December).....

I will ensure my child's safe arrival by 3.45pm and collection at 5pm (spectators are welcome also!)

Signed ..... parent/carer                      Date .....

Child's name .....

I am happy to sponsor my child £1.00 to run as part of the Million Miles Challenge .....

I would like a sponsor form for the Million Miles Challenge .....

Signed ..... parent/carer                      Date .....

---

**OFFICE USE ONLY**

..... will be taking part in the Multi-skills Festival at Oakbank 8<sup>th</sup> December.